

Research shows that fresh freeze drying of plants is typically superior to other drying methods in retaining phytochemicals and preserving the plant's large range of nutrients. MagniFood's freeze-drying process also offers high stability (assisting absorption) and greater shelf stability.



STORE IN A COOL, DRY PLACE

KEEP OUT OF SIGHT AND REACH OF CHILDREN

This product contains iron, which, if taken in excess, may be harmful to very young children. Food supplements should not be used as a substitute for a varied diet. Not recommended during pregnancy or breastfeeding unless on the advice of a healthcare practitioner. If taking prescribed medication, consult a physician before using this product.

EASY IRON 20mg COMPLEX
100 VEGETARIAN CAPSULES

www.terranovaltd.com
HARROW, UK HA1 1SL

T E R R A

N O V A

EASY IRON 20mg COMPLEX

NON-CONSTIPATING

100 VEGETARIAN CAPSULES

FOOD SUPPLEMENT



MAGNIFOOD
ENHANCED NUTRITION

DIRECTIONS: As a food supplement for adults, take 1 capsule daily with food.

Do not exceed stated dose unless directed by a healthcare practitioner.

INGREDIENTS: ONE VEGETARIAN CAPSULE TYPICALLY PROVIDES:

MAGNIFOOD COMPLEX..... 275mg
 PROVIDING:
 Rose Hips 100mg
 Steadised Rice Bran 100mg
 Green Borley Grass 50mg
 Accl Berry (fresh freeze dried) 25mg
 Vegetarian Capsule Shell..... 20mg
 Iron (as bisglycinate (non-constipating))..... 20mg

NO FILTERS, BINDERS OR OTHER EXCIPIENTS

SUITABLE FOR VEGETARIANS AND VEGANS

** Iron bisglycinate is typically not associated with either constipation or digestive or other iron supplements).

† European Community Recommended Daily Amount

(which often occur as a result of taking iron supplements)

BATCH NO. BEST BEFORE

An holistic innovation developed by TERRANOVA utilising whole, unadulterated phytonutrient-rich foods and botanicals, many of which are fresh freeze dried. Each MAGNIFOOD ingredient has been carefully chosen to fulfil one or more of the product's other ingredients: B) providing synergistic enzymes and cofactors which support the product's mineral content; C) ensuring the product is stable without the use of preservatives; D) providing a natural, safe and effective means of enhancing the product's stability; E) supporting the product's functions/applications.



MAGNIFOOD