

### Nutritional Information EACH CAPSULE CONTAINS:

Vitamin B1/ Vitamien B1	25 mg
Vitamin B2/ Vitamien B2	50 mg
Vitamin B3/ Vitamien B3	20 mg
Vitamin B5/ Vitamien B5	50 mg
Vitamin B6/ Vitamien B6	75 mg
Vitamin B12/ Vitamien B12	50 mcg
Folic acid/ Foliensuur	400 mcg
Rooibos ( <i>Aspalathus linearis</i> )/ Rooibos	40 mg
Lecithin/ Lecitien	20 mg

D. Combination product. 22.2 Other  
D. Kombinasie produk. 22.2 Ander

**Directions for use:** One capsule daily or as directed by your Health Professional.

**Gebruiksaanwysings:** Een kapsule daaglik of soos voorgeskryf.

Bovine/Porcine Free  
Preservative Free  
Lactose Free  
Sucrose Free  
Glucose Free  
No artificial colours  
or flavours added

Bees/Vark Vry  
Preserveermiddel Vry  
Laktose Vry  
Sukrose Vry  
Glukose Vry  
Geen kunsmatige kleure  
of geure bygevoeg nie

  
**BioLife  
Nutrition**

  
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# Vitamin B Complex

**Hi-Potency  
Energy Producing  
Vegicap with Rooibos**

Suitable for vegetarians

**60 Vegicaps**

**VITAMIN B COMPLEX** helps to metabolise carbohydrates, fats and proteins and contributes to tissue formation, normal red blood cell formation and normal growth. It is a factor in the maintenance of good health.

**VITAMIN B COMPLEX** help om koolhidrate , vette en proteine te metaboliseer en dra by tot vorming van weefsel, normale rooibloedselle en normale groei. Dit is noodsaaklik vir die instandhouding van goeie gesondheid.

**STORAGE:** Store at or below 25 °C.  
Keep out of reach of children.

**STOOR:** Bewaar teen of onder 25 °C  
Hou buite bereik van kinders.

NAPPI: 716 301 001

This unregistered  
medicine has not  
been evaluated by  
the SAHPRA for its  
quality, safety or  
intended use.

BARCODE

6 007 813 000 221

Hierdie ongeregistreerde  
medisyne is nie deur  
die SAHPRA  
geëvalueer vir  
kwaliteit, veiligheid  
of beoogde gebruik nie.

[www.biolifenutrition.co.za](http://www.biolifenutrition.co.za)

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